

# ANCHORED IN HOPE

5 DAY DEVOTIONAL TO ANCHOR YOUR HEART IN HOPE



By Laurie Hampton

## Day One – Hope Anchored in Promise

*There are these two things, then, that cannot change and about which God cannot lie. So, we who have found safety with him are greatly encouraged to hold firmly to the hope placed before us. We have this hope as an anchor for our lives. It is safe and sure and goes through the curtain of the heavenly temple into the inner sanctuary. Hebrews 6:18-19*

Two things are true about God's promises; they are unchanging and trustworthy. Therefore, our hope is secure and unmovable, anchored in God. The anchor is a symbol used often in the Bible to demonstrate hope. We are going to look at three aspects of the anchor—the anchor, the rope, and the tethering place.

Sailors secure the anchor to the seabed away from the boat to ensure they do not get tossed to and fro by the waves. However, our anchor of hope is placed upon the altar of God, in His inner sanctuary, in the holiest of holies. Here, God anchors it with His unchanging and trustworthy promises.

The rope represents our salvation, our choice to believe in and tether ourselves to God. When we accept Christ as our Lord and Savior, the rope that is attached to the anchor is handed to us and tethered to our souls.

The anchor, if not secured on the other end, will serve no purpose. It must be tethered to something. That something is our souls. As a true seeker who has come to God in belief, asking for salvation, He has now tethered the anchor forever to your soul. You now have the confidence and assurance of your salvation.

**When we have our hope anchored in God's love and secured by His promises, we can expect a unsinkable future.**

*Heavenly Father, I thank you for your firm, stable, unyielding, steady, strong, secure, persistent, steadfast, unshakable, fixed, constant, and faithful love. I am encouraged by the symbol of the anchor and love you for your truths and kept promises. Amen.*



## Day Two – Hope Anchored in Peace

*Then he got into the boat and his disciples followed him. Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!” Matthew 8:23-27*

How do you define peace? What do you do when life feels chaotic? Fear is the opposite of peace. I want to know there is peace available in moments of chaos or fear. How about you?

The story of Jesus sleeping in the boat during a great storm is a picture of perfect peace to me. Jesus is calm even though storms rage around Him, threatening His life. During His earthly ministry, unbelievers, including many religious authorities, threatened, accosted, badgered, maligned, and eventually crucified Him. Yet Jesus exemplified a lifestyle of peace.

People who are at peace seem to share some common traits. They are centered in their knowledge of who they are in Christ. They are even-keeled and steady in their thoughts. And they focus on the positive outcomes rather than fearing negative ones. How can we develop a life of peace?

We can take refuge in the name of the Lord. Proverbs 18:10 tells us, “The name of the LORD is a fortified tower, the righteous run to it and are safe.” We are only a few spoken words away from peace by saying a simple “come Lord Jesus.” I often start with this phrase in times of fear.

We also have the same authority to speak to the storm Jesus did. Did you know God has given you authority over the enemy? “*I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy.*” Luke 10:19

**When we have our hope anchored in peace, we will  
experience calm in the storm.**

*Heavenly Father, your name is a powerful weapon against fear, never let me fail to call upon it. Help me to use the authority you have given me to speak to the storms in my life, trusting you to make the winds and the waves obey! Amen.*



## Day Three – Hope Anchored in Purpose

*This is the word that came to Jeremiah from the Lord: “Go down to the potter’s house, and there I will give you my message. “So, I went down to the potter’s house, and I saw him working at the wheel. But the pot he was shaping from the clay was marred in his hands; so, the potter formed it into another pot, shaping it as seemed best to him. Then the word of the Lord came to me. He said, “Can I not do with you, Israel, as this potter does?” declares the Lord. “Like clay in the hand of the potter, so are you in my hand, Israel. Jeremiah 18:1-6*

I love a beautiful piece of pottery. The shape of a well-made piece, the sturdiness of one crafted with intention, the beauty of the glaze that reflects good craftsmanship. But none of this happens without the clay going through an intensive process.

The process begins with a clump of clay placed on a wheel while the hands of the potter apply pressure and shape the piece into a useful form. It is then dried, painted, and finally placed into a kiln heated to 1800-2400 degrees Fahrenheit. And only after all of these steps have been completed, do we have a beautiful, complete, piece of artwork.

God, the Potter, is shaping us, the clay, into the vessels He wants us to become. The process may be uncomfortable at times as pressure is applied. We may experience suffocating conditions when we are put into the Refiner’s fire. But as we submit and endure the process, God shapes us into the beautiful vessels He intends for His purpose.

**When we have our hope anchored in His purpose for our lives, we become a masterpiece.**

*Heavenly Father, thank you for seeing the beauty in me and creating a purpose for my life. Help me to withstand the fire and trust in you as I become your masterpiece. Amen.*



## Day Four – Hope Anchored in Peace

*For it is by grace you have been saved, through faith – and this is not from yourselves, it is the gift of God – not by works, so that no one can boast. Ephesians 2:8-9*

Grace is what comes in to rescue us from the darkness. It is the light under the door in a room of darkness. It is the warmth of acceptance at the portal to the unknown. It is a gift to us from God!

Have you ever felt like you are not good enough for God? That even your best effort excludes you from His kingdom. You long to belong, to be welcomed into the light on the other side, but you are just not sure it is for you.

It seems too good to be true. Can I be forgiven without earning the right? Is God going to help me once again even though I have messed up countless times? Did Jesus die on the cross for ME? Yes, yes, and more yeses! God's grace is a gift from God; you cannot earn it and you do not deserve it. But you get to enjoy it! God's grace is life-giving, our source of strength.

The grace we receive through Christ is a precious gift. Our response to grace is in the acceptance, through faith, it is not something we can earn or will ever deserve. We respond by living a life of holiness with the Giver of the gift.

**When we have our hope anchored in the  
gift of God's grace, we know that our future is secure.**

*Heavenly Father, thank you for the gift of grace. May my faith be increased every day as I live a life of holiness with you, humbled by your grace. Amen*



## Day Five – Hope Anchored in Patience

*Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains. You too, be patient and stand firm, because the Lord's coming is near. James 5:7-8*

Sometimes we want to give in to the pain and the pressure and give up. Are you tired of waiting for your healing? Are you exhausted from the efforts of survival? Afraid God is not going to rescue you?

Sometimes we rush things along and jump into a solution that is not quite ready to be applied. Patience means waiting. But it does not mean we have to stop enjoying life. Knowing the rain is coming and a valuable crop is in our future, we can rejoice in the hope of our future.

When we are patient in suffering, we will discover new growth because we have learned to wait on the Lord – cultivating an inner steadfastness makes us better, stronger women.

**When we have our hope anchored in patience, we can hold tight and wait for God's perfect timing.**

Never stop praying for your future, the King of Heaven is listening, enjoying the communion with you, His child, including you in His plans for your future.

The book of Romans gives us the proper order when it tells us to rejoice in hope, be patient in suffering, persevere in prayer.

*Heavenly Father, help me to remain steadfast and patient in the waiting. I long for the moment I see your hand at work in my situation. I don't want to rush the harvest rains, but instead, I long to enjoy your perfect timing in my life. Amen.*

